

4Life College



**YOUR
COMMUNITY
& HEALTH
CAREER
STARTS
HERE!**

**AGED
CARE**

**COUNSELLING
& MENTAL
HEALTH**

**COMMUNITY
SERVICES**

4Life College

Our College is part of an education group that has been providing award winning education for over 30 years. We are a nationally accredited training provider offering vocational education in the health and community sector.

- ✓ **Nationally Recognised Qualifications**
- ✓ **Work Placement Opportunity**
- ✓ **Exciting Practical Classes**
- ✓ **International Students Welcome**

YOUR CAREER STARTS HERE!

Our goal at 4Life College is to prepare our students to be job ready at graduation and excel in careers that are not only fulfilling but also make a difference to the community around them.

Our Community & Health courses are ideal for compassionate students with the ability to connect with people from all walks of life.



COURSES OVERVIEW



GREAT JOB OUTCOMES

- Care Supervisor
- Care Team Leader
- Program Coordinator
- Alcohol and Drug Counsellor
- Community Worker
- Mental Health Outreach Worker

All programs offer classes that are fun and dynamic. You can also expect plenty of practical learning mixed with exciting and detailed theory based sessions.

INTERNATIONAL STUDENTS WELCOME

The college welcomes international students from many different countries.

Our CRICOS accredited course allow international students to pursue an Australian qualification whilst enjoying everything Australia has to offer.

International students can find more details about how to apply, course timetables and English proficiency information at our website 4lifecollege.edu.au

SAMPLE TIMETABLE AND INTAKES

	Day 1	Day 2
Session 1	Theory/In-Class Activities	Theory/In-Class Activities
Session 2	Theory/In-Class Activities	Theory/In-Class Activities

+ 5 hours of home study per week on average

4 intakes per year for all courses

January	April	July	October
---------	-------	------	---------

STUDY PATHWAYS

With a wide range of study pathways to choose from, let us custom make a program suitable for you!

All of our courses can be combined for longer program durations. Diversify your professional skills by adding qualifications to suit your desired interest or career prospects. Just ask us how!

AGEING

Courses	Code	Duration	Campuses
Certificate III in Individual Support (Ageing)	CHC33015	Full Time (9 Months)	SYD, MEL
Certificate IV in Ageing Support	CHC43015	Full Time (6 Months)	SYD, MEL

NB - For detailed course information and requirements please visit our website

Certificate III in Individual Support (Ageing)

If you are looking for a rewarding career, then consider working with the elderly as an aged care worker. You will learn how to use a person centred approach while taking care of those that need assistance with their daily living. You will follow their individual care plans to assist with their personal care, emotional wellbeing and promote a healthy lifestyle.

Looking after an elderly person requires a caring, supportive and patient nature so that you can establish a trust and good relationship with your client.

The course is a great combination of 'hands-on' training in a simulation lab and up-to-date theory study in the classroom. This practical approach to training, along with work placement will ensure that you are job-ready and able to excel in your chosen career.

Job Outcomes

- Personal Care Assistant
- Aged Care Worker
- Residential Care Worker
- Assisting in Nursing

Certificate IV in Ageing Support

Building on the skills learned in the Certificate III in Individual Support (Ageing), this qualification will allow you to advance in your career in aged care.

This qualification will prepare you to support elderly clients in specialised tasks and functions in a variety of settings.

By completing this aged care course you will build a foundation for supervising other support workers and assisting the elderly within a caring, legal and ethical framework.

Job Outcomes

- Aged Care Team Leader
- Home Care Team Leader
- Community Care Centre Team Leader

DIPLOMAS

Courses	Code	Duration	Campuses
Diploma of Counselling	CHC51015	Full Time (18 Months)	SYD, MEL

NB - For detailed course information and requirements please visit our website

Diploma of Counselling

Studying counselling at 4 Life College will not only give you the abilities to become a skilled and aware counsellor, it can also provide you with skills that will be extremely helpful in a variety of career pathways. No matter if you are planning to embark on a career in counselling, are looking to improve your current career or just want to further your own personal development, our framework ensures you will be getting the most out of your studies.

After completing engaging face-to-face training, role plays and simulations to improve your confidence, you will be able to apply what you have learned in our supervised student clinic. Here you can apply your new found skills and develop your professional approach to the industry.

As part of our course your will become familiar with evidence-based counselling models, strategies and therapies as well as techniques from strength-based therapy. These are some of the concepts you will encounter:

- Mindfulness
- Feedback Informed Therapy Framework
- Narrative Therapy
- Neuropsychology
- Positive psychology
- Person-centered Approach

Job Outcomes

- Careers Counsellor
- Drug and Alcohol Counsellor
- General Counsellor
- Student Counsellor



DIPLOMAS

Courses	Code	Duration	Campuses
Diploma of Mental Health	CHC53315	Full Time (24 Months)	SYD, MEL
Diploma of Community Services	CHC52015	Full Time (24 Months)	SYD, MEL

NB - For detailed course information and requirements please visit our website

Diploma of Mental Health

Demand for dedicated professionals in this sector is consistently growing. If you have a passion for helping others and are looking for an interesting and challenging field to specialise in, our mental health course will be a great fit for you.

Your training will include a combination of classroom and practical elements like role plays, simulations and compulsory work placement. This gives you the knowledge to maintain a therapeutic alliance with clients living with mental health issues.

You will also learn how to work from a recovery oriented perspective that is strength based and client centred. You will gain the skills and knowledge to become a successful practitioner in this complex sector.

Job Outcomes

- Social Justice Worker
- Drug and Alcohol Worker
- Mental Health Worker
- Community Support Worker

Diploma of Community Services

Community Services is a sector with a variety of challenging and interesting roles and opportunities allowing you to specialise in the sector or work as a generalist. Our community services course will help prepare you for the outside world.

You may be involved in managing, coordinating and/or delivering person-centered services to individuals, groups or communities. You will be providing direct support to individuals or groups of individuals using a strength based case management model.

At 4Life College we are teaching the strengths-based recovery model. Instead of focusing too narrowly on the challenges and issues clients face, this model encourages community service workers to help their clients use their strengths and resources to overcome obstacles. By focusing on the positives, clients are enabled to work on their strengths to achieve their goals, rather than consistently being confronted with their own shortcomings.

Job Outcomes

- Team Leader
- Case Coordinator
- Case Management Supervisor
- Community Services Worker/Manager

INDUSTRY FACTS

1,931,200

2023 employment projection for the
Community Services industry ²

135-160%

Projected rise in demand for mental
health services by 2027 ¹

The Community Sector was the
second largest training package
in 2017 in terms of applyment
numbers ²



¹ Community Services & Health Industry Skills Council 2015 ESCan

² Australian Industry and Skills Committee - Community Service

COMMUNITY & HEALTH



“ I had support that I needed, the theory classes were easy to follow and the practical classes gave me the chance to learn with people from all over the world that later on became my friends. - Paulo, Brazil

I really love studying with 4Life College, as it gives me all the confidence and skills that qualify me for my career. For those who want to study, I recommend 4Life College as you will definitely enjoy! ”

- Elanor, Philippines



HIGHER EDUCATION PATHWAYS

Prospective and current 4Life students are welcome to apply to the Ikon Institute. Pathway and course packaging opportunities exist that may include course credit opportunities and may result in reduced application fees to secure packaged Confirmation of Applyments. Visit 4lifecollege.edu.au/higher-education-pathways for further information



WORK PLACEMENT PARTNERSHIPS

Student work placements are a vital step in the training students undertake with 4Life College.

Work placement is the opportunity for students to refine the skills they have learnt within our simulated classroom training.

The college works with various facilities and institutes to provide students with real life experience and ensure they are job-ready when they complete their course.

The student is currently required to undergo the following hours of training in the workplace:

Course	Work Placement Hours*
CHC33015	150 hours
CHC43015	150 hours
CHC53315	400 hours
CHC52015	400 hours

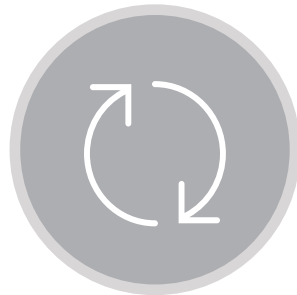
*Changes to training package requirements or course structure could affect the required work placement hours in the future.

COURSE FEES

\$595

One time joining fee

The one time joining fee is for new students only. Once you join as a student, you can study as many courses as you like and only pay tuition fees.



Flexible payment options*

Freedom to choose and switch between 'pay by month' and 'pay by term' for the start of each term.



Packaging welcome

Add courses to continue your professional journey. Some packaging options allow you to save time and money with course credits.

Course	Code	Duration	Campus	Tuition Fee Options	
				Pay by Month	Pay by Term
Certificate III in INDIVIDUAL SUPPORT (AGEING)	CHC33015	3 Terms (39 Weeks)	SYD, MEL	\$725 x 9 (\$6,525)	\$1,990 x 3 (\$5,970)
Certificate IV in AGEING SUPPORT	CHC43015	2 Terms (26 Weeks)	SYD, MEL	\$725 x 6 (\$4,350)	\$1,990 x 2 (\$3,980)
Diploma of MENTAL HEALTH	CHC53315	8 Terms (104 Weeks)	SYD, MEL	\$800 x 24 (\$19,200)	\$2,190 x 8 (\$17,520)
Diploma of COMMUNITY SERVICES	CHC52015	8 Terms (104 Weeks)	SYD, MEL	\$800 x 24 (\$19,200)	\$2,190 x 8 (\$17,520)
Diploma of COUNSELLING	CHC51015	6 Terms (78 Weeks)	SYD, MEL	\$800 x 18 (\$14,400)	\$2,190 x 6 (\$13,140)

NB - For a detailed course fees overview please visit our website

ENTRY REQUIREMENTS

All courses at the college are taught in English. Applicants will need to show evidence of suitable English proficiency for the course they have chosen.

- Students must be 18 years of age or above (Students must be 20 years of age or above for CHC51015)
- Students must have a minimum English language level of IELTS 5.5 or equivalent
- CHC53315, CHC52015 and CHC51015 require IELTS 6.0 or equivalent
- For a detailed overview of the English proficiency requirements please visit alg.edu.au/english

ENGLISH PARTNERS

If you believe that you need further English training before starting our courses, we can help. Studying with one of our English Partner Schools ensures first class language education. You can find a list of our partners via alg.edu.au/educational-partners

*Switching between payment methods will always occur at the current course tuition pricing at the time the request to switch is made, which may be greater than historical course tuition pricing on original Letter of Offer.

WHY 4Life College ?



- ✓ **Nationally Recognised Qualifications**
- ✓ **International Recognition**
- ✓ **Exciting Practical Classes**
- ✓ **International Students Welcome**

HOW TO APPLY

Visit alg.edu.au/apply

NEW STUDENT ENQUIRIES

admissions@alg.edu.au 1300 254 000



For more information visit
4Lifecollege.edu.au

Sydney

Level 1, 333 Kent Street

+612 9112 4500

sydney@alg.edu.au

Melbourne

Level 1, 601 Bourke Street

+613 8687 0648

melbourne@alg.edu.au

The information in this publication was correct at time of printing however is subject to change.